

LIFE SKILLS TO INSPIRE CHILDREN

~ MEENAKSHI SHARMA ~

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ON SATURDAY, 27.05. 2017, a guest lecture on “Life Skills for Educationists” was delivered by Shri Vivek Atray, IAS. It was organised in AV room of Modern Senior Secondary School. It started off with an introduction of the speaker by our Worthy Chairman Mr. Jujhar Singh. While introducing, the Chairman Sir said that Mr. Atray is known for his achievements and honesty. Sir further added that he is a great mentor, adviser, motivational speaker and author. He has authored two books ‘Dubey Ji Bounces Back’ and ‘Move On Bunny’ which are adored by people and third one is under process.

The said session was divided into two parts one for office staff and other one for teaching staff. Firstly Mr. Atray interacted with office staff for half an hour. He motivated them to be creative, energetic, humorous, calm and peace loving at their work place and at home.

The other part of the session was meant for teaching fraternity. He started with the importance of life skills for teachers to meet the challenges of ever changing environment and society .He said that teachers should recognise the real problems of children, explore the hidden talent with in them and ignite their minds. He asked the teachers to remain positive, calm, energetic, creative, egoless, honest and balanced in all situations .He

explained the concept of emotional intelligence and its role in guiding the students to manage their emotions to achieve their goals. He also cited many inspirational examples of great men. Mr. Atray finished his speech by saying “What comes from the heart goes straight to the heart” and “Be Calmly Active and Actively Calm”. The session concluded with vote of thanks by the Chairman. This lecture will surely help the teachers in preserving the self-esteem of a child.